## CLINICAL PRACTICE GUIDELINES, THEIR REPRESENTATION, ENACTMENT AND PROCESSING



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## INTRODUCTION

## Clinical practice guidelines (CPGs)

Knowledge-based tools for disease-specific patient management [Rosenfeld and Shiffman, 2009]

- Introduced to limit the variations in service delivery and to minimize healthcare costs
- Initially aimed at nurses and other ancillary personnel, then adopted (slowly) by physicians
- Increasing popularity of *computer-interpretable guidelines* (CIGs) integrated with clinical systems

Diversified clinical terminology: guideline, algorithm, pathway...

## CPGs (and CIGs) in clinical practice

- On the one hand, multiple advantages
  - Increased adoption of evidence-based medicine (EBM) and improved adherence to standards of practice
  - Positive impact on patient outcomes (e.g., decreased mortality)

Clinical guidelines are only one option for improving the quality of care [Woolf et al., 1999]

- On the other hand, still limited adoption
  - Considered to be "cookbook medicine"
  - Given mostly in paper format
  - Limited standardization of formal representations



No support for multimorbid conditions

#### Representation of CPGs and CIGs

- Text models (CPGs)
  - Limited to textual content (possibly long)
  - Additional information (tags) augmenting the text
- Task-network models (CIGs)
  - Interpretable by a physician
  - Aimed at (semi-) automatic analysis and enactment by a computer system

Level of formalization

#### Sample CPGs and CIGs

#### **Diagnosis and Management of Placenta Previa**

This guideline has been reviewed by the Clinical Obstetrics Committee and approved by the Executive and Council of the Society of Obstetricians and Gynaecologists of Canada. **PRINCIPAL AUTHOR** 

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#### Abstract

- Objective: To review the use of transvaginal ultrasound for the diagnosis of placenta previa and recommend management based on accurate placental localization.
- Options: Transvaginal sonography (TVS) versus transabdominal sonography for the diagnosis of placenta previa; route of delivery, based on placenta edge to internal cervical os distance; in-patient versus out-patient antenatal care; cerclage to prevent bleeding; regional versus general anaesthesia; prenatal diagnosis of placenta accreta.
- Outcome: Proven clinical benefit in the use of TVS for diagnosing and planning management of placenta previa.

Evidence: MEDLINE search for "placenta previa" and bibliographic review.

Benefits, Harms, and Costs: Accurate diagnosis of placenta previa may reduce hospital stays and unnecessary interventions.

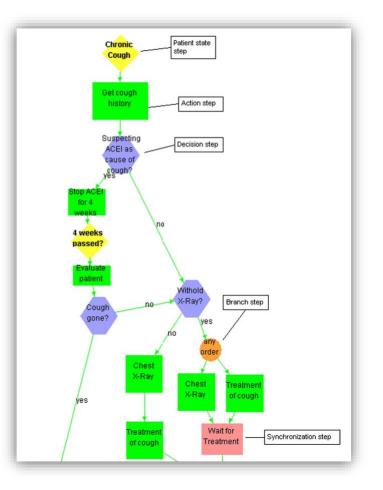
#### Recommendations:

 Transvaginal sonography, if available, may be used to investigate placental location at any time in pregnancy when the placenta is thought to be low-lying. It is significantly more accurate than transabdominal sonography, and its safety is well established. (11–2A)

- 2. Sonographers are enouraged to report the actual distance from the placental edge to the internal cervical os at TVS, using standard terminology of millimetres away from the os or millimetres of overlap. A placental edge exactly reaching the internal os is described as 0 mm. When the placental edge reaches or overlaps the internal os on TVS between 18 and 24 weeks' gestation (incidence 2-4%), a follow-up examination for placental location in the third trimester is recommended. Overlap of more than 15 mm is associated with an increased likelihood of placental porcenta previa at term. (IEAA)
- 3. When the placental edge lies between 20 mm away from the internal os and 20 mm of overlap after 26 weeks' gestation, ultrasound should be repeated at regular intervals depending on the gestational age, distance from the internal os, and clinical features such as bleeding, because continued change in placental location is likely. Overlap of 20 mm or more at any time in the third trimester is highly predictive of the need for Caesarean section (CS), (II-B)
- 4. The os-placental edge distance on TVS after 35 weeks' gestation is valuable in planning route of delivery. When the placental edge lies > 20 mm away from the internal cervical os, women can be offered a trial of labour with a high expectation of success. A distance of 20 to 0 mm away from the os is associated with a higher CS rate, although vaginal delivery is still possible depending on the clinical circumstance. (II:2A)
- In general, any degree of overlap (> 0 mm) after 35 weeks is an indication for Caesarean section as the route of delivery. (II-2A)
- Outpatient management of placenta previa may be appropriate for stable women with home support, close proximity to a hospital, and readily available transportation and telephone communication. (II-2C)
- There is insufficient evidence to recommend the practice of cervical cerclage to reduce bleeding in placenta previa. (III-D)
- Regional anaesthesia may be employed for CS in the presence of placenta previa. (II-2B)
- Women with a placenta previa and a prior CS are at high risk for placenta accreta. If there is imaging evidence of pathological adherence of the placenta, delivery should be planned in an appropriate setting with adequate resources. (II-2B)
- Validation: Comparison with Placenta previa and placenta previa accreta: diagnosis and management. Royal College of Obstetricians and Gynaecologists, Guideline No. 27, October 2005.

The level of evidence and quality of recommendations are described using the criteria and classifications of the Canadian Task Force on Preventive Health Care (Table).

J Obstet Gynaecol Can 2007;29(3):261-266

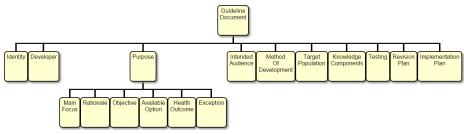


## Text models: GEM (Guideline Elements Model)



http://gem.med.yale.edu

 A set of XML tags (100+) for marking selected parts of a guideline document



- Also a set of tools for viewing and tagging text documents
- Official standard endorsed by ASTM International, very popular, despite its simplicity
- Possibility of automatic discovery of clinical rules requires more detailed tags (experimental extension)

#### Task-network models

- A CPG represented as a directed graph with nodes capturing specific steps and arcs – dependencies between steps
- Basic types of
  - *Data query* collecting data (from the user or other system)
  - Decision making a decision
  - Action performing some clinical action
  - Invocation invocation of another CIG
- Multiple representations based on the task-network model with varying complexity and focus (e.g., temporal aspects)
- Increasing popularity due to possible integration with HISs

#### Task-network model representations

- GLIF3 a multiple-level representation with conceptual flowcharts and an executable specification
- SAGE an complete (event-driven) environment for creating and executing CIGs, integration with HIS via vMR
- Asbru a formalism (+ tools) focused on modeling temporal aspects and uncertainties associated with CIG execution
- PROforma a formalism (+ tools) for creating and managing CIGs with focus on argumentation-based decision making, one of few commercial applications
- SDA\* a flowchart-based representation developed for the K4CARE project and aimed at team-based automatic execution
- BPMN a model (+ tools) for representing business processes

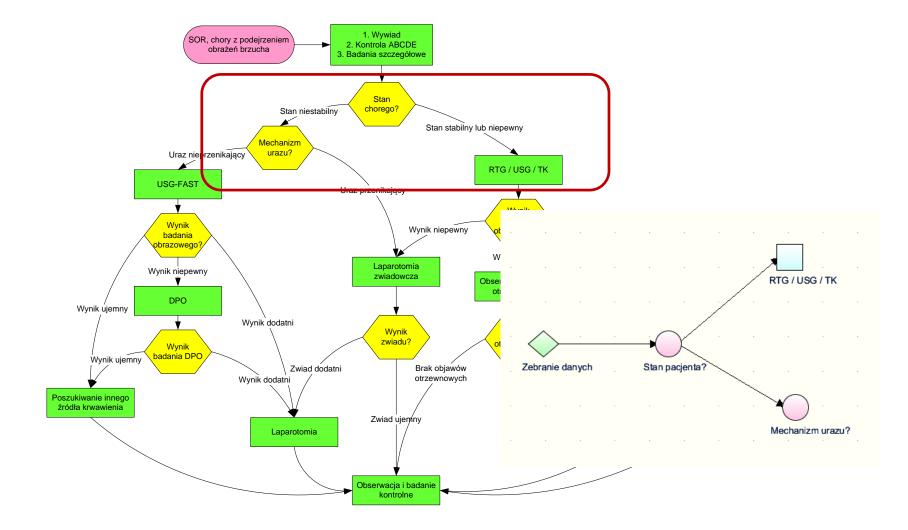
## PROforma and OpenClinical.net

- PROforma
  - A scientific project (Cancer Research UK, 1992-now)
  - A commercial product Alium (Deontics, UK)
- OpenClinical.net
  - Web-based repository of CIGs represented in PROforma
  - Peer-driven review and verification of submitted CIGs before they are made widely available
  - Possibility of running (simulating) available algorithms through a web-based system

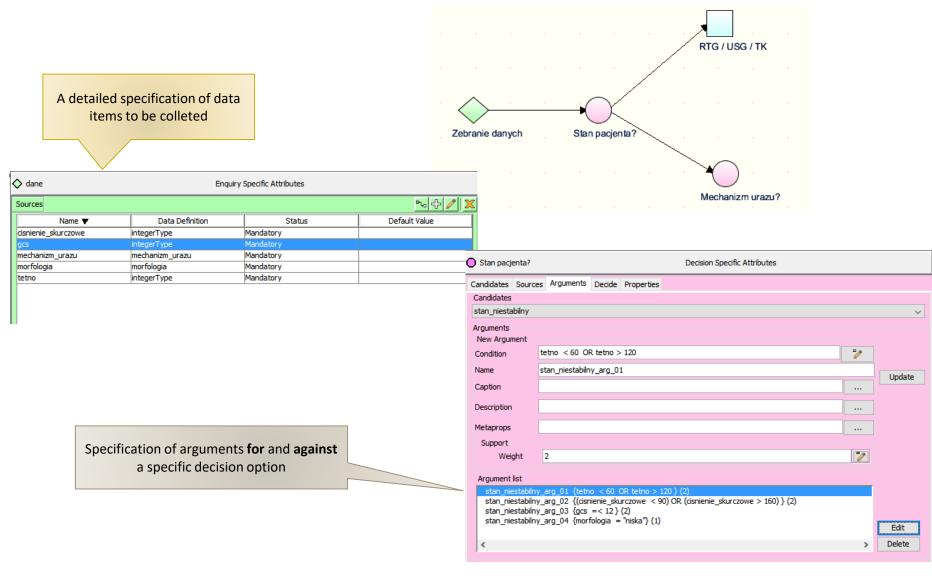


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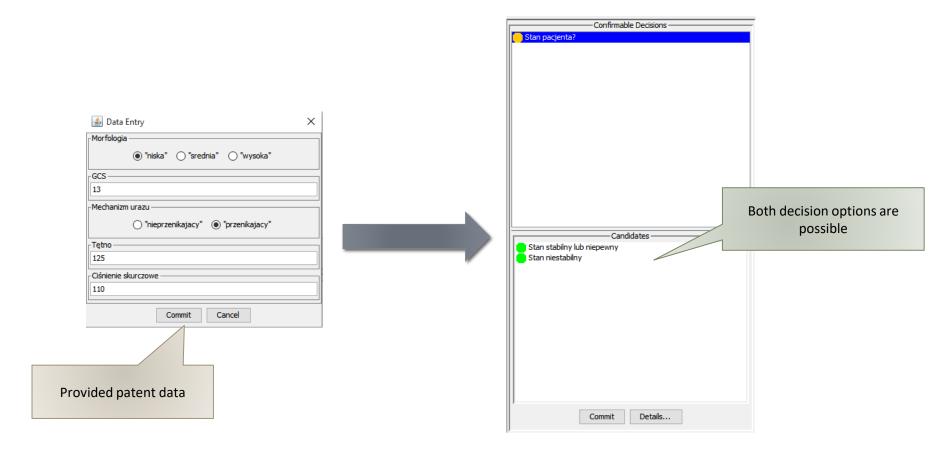
#### Example – CIG for abdomen trauma



#### Definition of a decision step



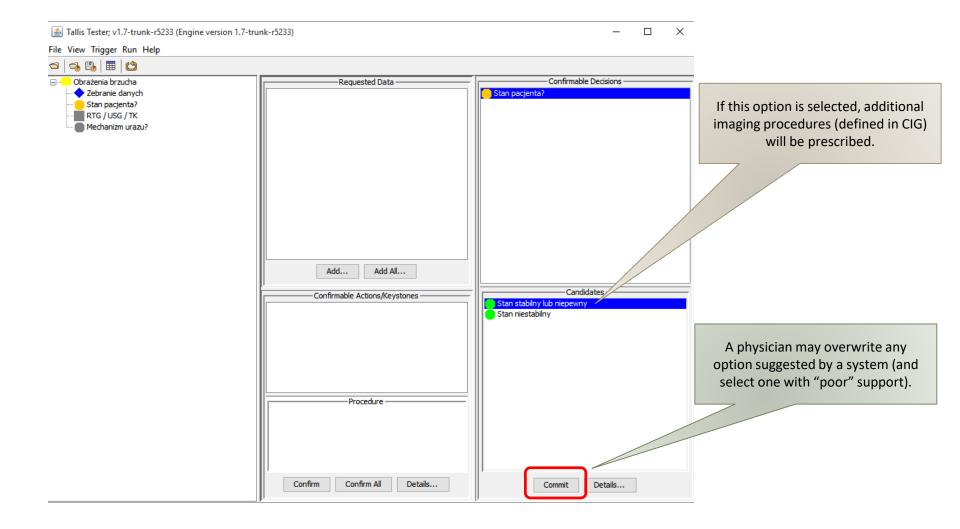
#### Supervised decision making



#### Supervised decision making

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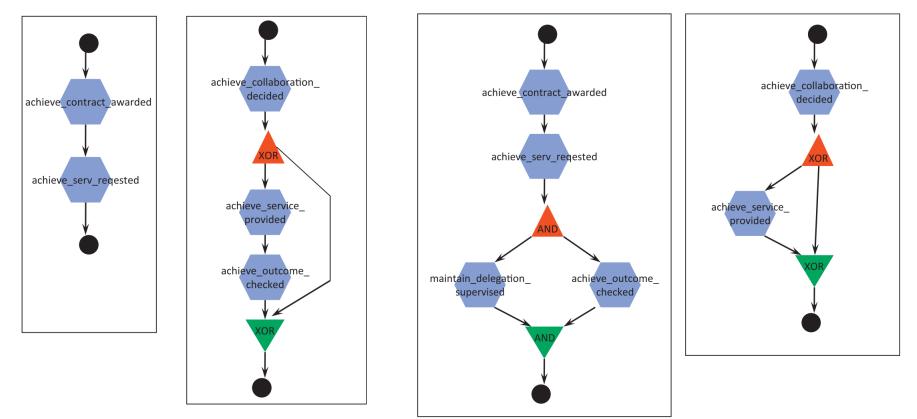
#### Supervised decision making



#### Patterns of collaboration

- Goal-based workflow representation based on PROforma
- State-based exceptions for detecting obstacles and hazards and associated plans for handling them
- Formal description of two collaboration patterns
  - Assignment → provider is accountable for outcome and responsible for handling exceptions
  - Delegation → client is responsible for outcome and responsible for managing (selected) exceptions

#### Patterns of collaboration

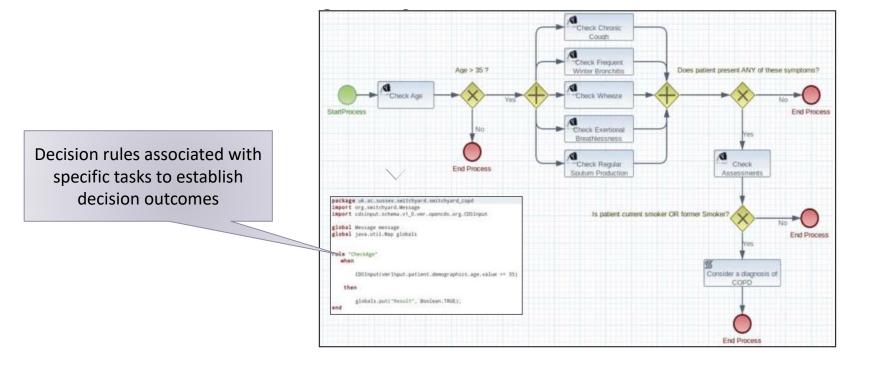


**Fig. 2.** (1) Client\_assignment\_pattern, (2) Provider\_assignment\_pattern. The hexagons represent goals, the triangles corresponds to split points and the inverted triangles to join points.

Fig. 6. (1) Client\_delegation\_pattern and (2) Provider\_delegation\_pattern.

#### **CIGs in BPMN**

 Combination of BMPN (jBPM) and rules (Drools) to represent a CIG, integration with HIS via SOA



Rodriguez-Loya, S., Aziz, A., & Chatwin, C. (2014). A Service Oriented Approach for Guidelines-based Clinical Decision Support using BPMN. Studies in Health Technology and Informatics, 205, 43–47.

# SUPPORT FOR MULTI-MORBIDITIES

#### **Practical motivation**

- 76% of people 65+ years old have 2+ chronic conditions, and their care costs are 5.5 times higher than for non multi-morbid patients [Bähler, et al. 2015]
- Direct application of multiple CPGs "may have undesirable effects" and "diminish the quality of care" [Boyd et al. 2005]
- No support for multi-morbid conditions is a "major shortcoming of CPG uptake in clinical practice" [Peleg, 2013]

#### Methodological challenge

One of the "grand challenges" for clinical decision support

"The challenge ... to identify and eliminate redundant, contraindicated, potentially discordant, or mutually exclusive guideline based recommendations for patients presenting with comorbid conditions or multiple medications." [Sittig et al., 2008]

A new, "combinatorial, logical, or semantic" methodological approach is needed [Fox et al. 2010]

## LOGIC-BASED CIG PERSONALIZATION FRAMEWORK

#### Research goal and questions

Goal: a framework for personalizing CPGs for multi-morbid patients by
 (1) mitigating adverse interactions and
 (2) customizing resulting therapies based on patients' preferences

- How to represent rich primary (CPGs) and secondary (interactions, preferences) clinical knowledge?
- 2. What "reasoning" techniques to use to process knowledge encoded in the proposed formalism?

**Answer**: first-order logic, theorem proving and model solving

Wilk, S., Michalowski, M., Michalowski, W., Rosu, D., Carrier, M., & Kezadri-Hamiaz, M. (2017). Comprehensive mitigation framework for concurrent application of multiple clinical practice guidelines. *Journal of Biomedical Informatics*, 66.

### Patient preferences

A new and important component of EBM

EBM = Evidence + Experience + Preferences

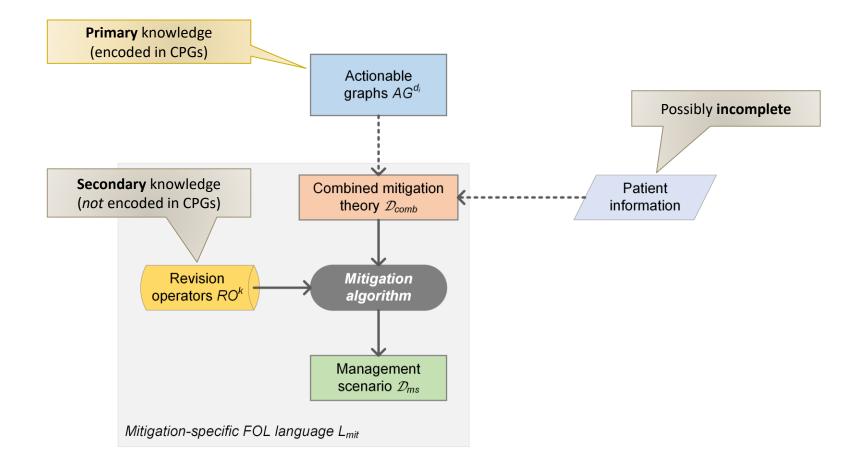
"evidence is never enough to make treatment recommendations" [Murad et al., 2008]

- Preferences are especially relevant when evidence is associated with a high level of uncertainty (→ "grey zone" or "preferencesensitive" decisions) [van der Weijden et al., 2013]
- Participation of patient groups already in the development of CPGs [van der Weijden et al., 2010]

## First-order logic (FOL)

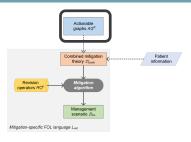
- A formal system to represent and reason about knowledge
- Knowledge represented using a domain-specific language with logical (fixed meaning) and non-logical symbols
- A **theory**  $\mathcal{D}$  is a collection of sentences
- An interpretation  ${\mathcal I}$  assigns the meaning (formal semantics) to non-logical symbols
- If  $\mathcal I$  satisfies all sentences in  $\mathcal D$ , then it is called a **model** for  $\mathcal D$
- Theorem proving (→ checking for consistency and entailment) and model finding techniques

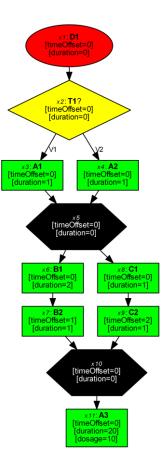
#### FOL-based personalization framework



## Actionable graph $AG^{d_i}$

- Captures a CPG for a given disease  $d_i$
- An intermediate representation based on a tasknetwork model for better interoperability
- Can be automatically obtained from other representations (e.g. GLIF3, SAGE)
- A directed graph with context, decision, action and parallel nodes (with additional attributes)





## Mitigation-specific language L<sub>mit</sub>

Table 1: Structural predicates in  $L \rightarrow (d, t, q, and y)$  are labels identifying a specific disease decision action and

- Allows describing all components of the mitigation problem
- Introduces structural and temporal predicates

ilt respectively, dosage is	0 0 /				
Predicate Table 2	2: Temporal predicates in $L_{mit}$ (tim	nes and durations are given in logical units, execution period of an activ			
$node\left(x\right)$ associa					
disease(x	Predicate	Description			
decision(:	timeOffset(x, to)	node $x$ occurs to time units after the preceding node			
action(x, c)	duration(x, dt)	node $x$ takes $dt$ time units to complete			
parallel(x	startTime(x, st)	node $x$ starts at time $st$			
directPre	$currentTime\left( ct ight)$	current patient time is $ct$			
$prec\left(x,y ight)$	$happensNowOrLater\left( x ight)$	activity (decision or action) from node $x$ is happening			
dosage(x, z)		now (given current time) or will happen in future			
	$overlap\left( x,y ight)$	execution periods of nodes $x$ and $y$ overlap			
result(x, y)	$overlapNowOrLater\left( x,y ight)$	execution periods of nodes $x$ and $y$ are overlapping now			
		(given current time) or will overlap in the future			

### Combined mitigation theory $\mathcal{D}_{comb}$

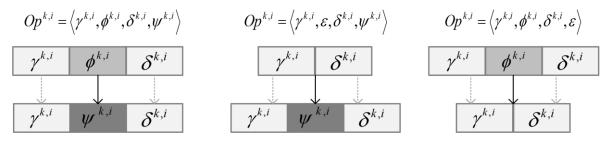
- Captures core components of a mitigation problem
- Defined as a triple  $\langle \mathcal{D}_{common}, \mathcal{D}_{cpg}, \mathcal{D}_{pi} \rangle$ , where
  - $\mathcal{D}_{common}$  common axioms defining universal character of CPGs, e.g.,
  - $1. \ \forall x, stx, dtx: node\left(x\right) \land startTime\left(x, stx\right) \land duration\left(x, dtx\right) \implies endTime\left(x, stx + dtx\right)$

 $2. \ \forall x, etx, ct: node\left(x\right) \land endTime\left(x, etx\right) \land currentTime\left(ct\right) \land \left(ct < etx\right) \implies happensNowOrLater\left(x\right)$ 

- $\mathcal{D}_{cpg}$  a union of theories  $(\mathcal{D}_{cpg}^{d_1} \cup \mathcal{D}_{cpg}^{d_2} \cup \cdots \cup \mathcal{D}_{cpg}^{d_k})$  representing AGs applied to a comorbid patient
- $\mathcal{D}_{pi}$  a collection of available patient data (results of tests and examinations, prescribed therapies, ...)

## Revision operator RO<sup>k</sup>

- Defines revisions to CPGs ( $\mathcal{D}_{cpg}$ ) triggered by some undesired circumstances (related to **preferences** or **interactions**)
- Defined as a pair  $\langle \alpha^k, Op^k \rangle$ , where
  - $\alpha^k$  undesired circumstances that need to be addressed
  - $Op^k$  a list of operations that revise  $\mathcal{D}_{cpg}$  (only) to address  $\alpha^k$
- Each  $Op^{k,i}$  from  $Op^k$  defines a single *find-and-replace* operation ( $\rightarrow$  replace, insert, delete)

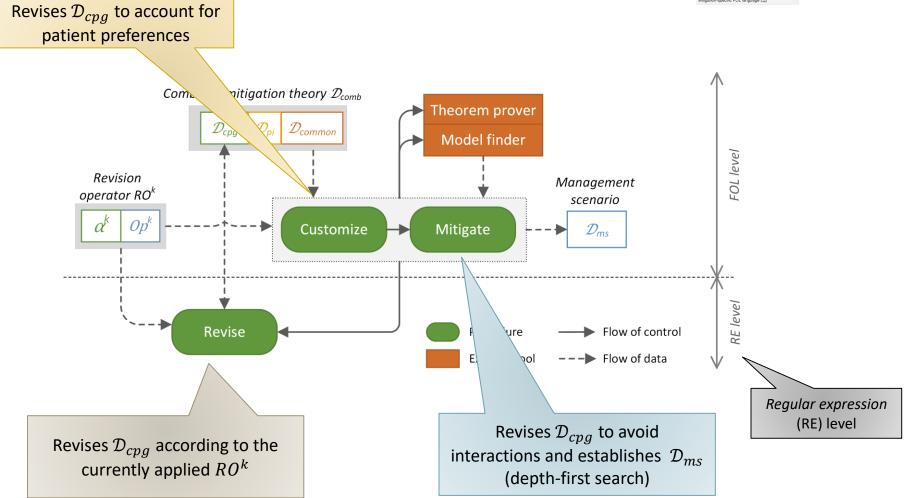


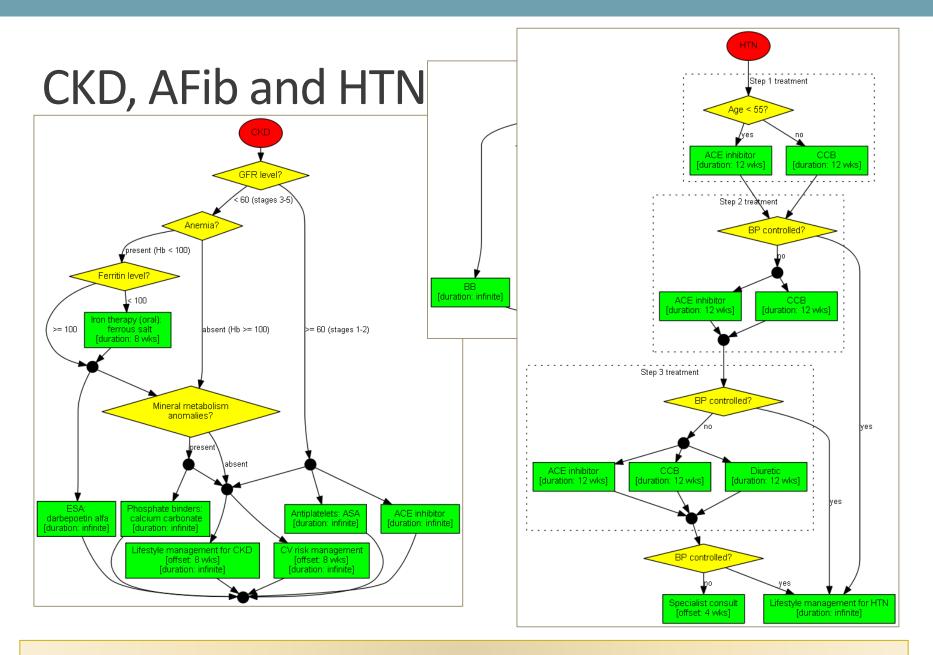
### Management scenario $\mathcal{D}_{ms}$

- Represents a safe (no interactions) and preferred (consistent with preferences) course of actions for a given patient
- Specifies clinical actions to be taken with their order and timing
- Introduces assumptions related to the future patient's state

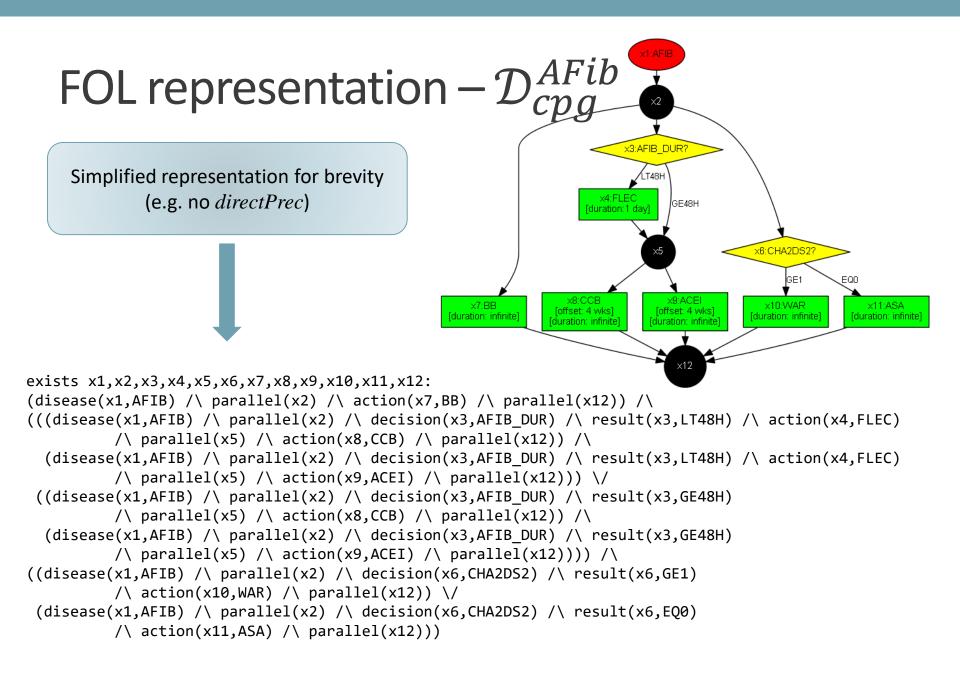
## Mitigation Algorithm







CKD = chronic kidney disease, AFib = atrial fibrillation, HTN = hypertension

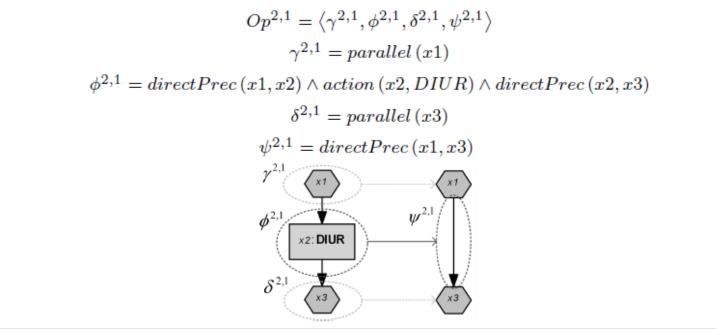


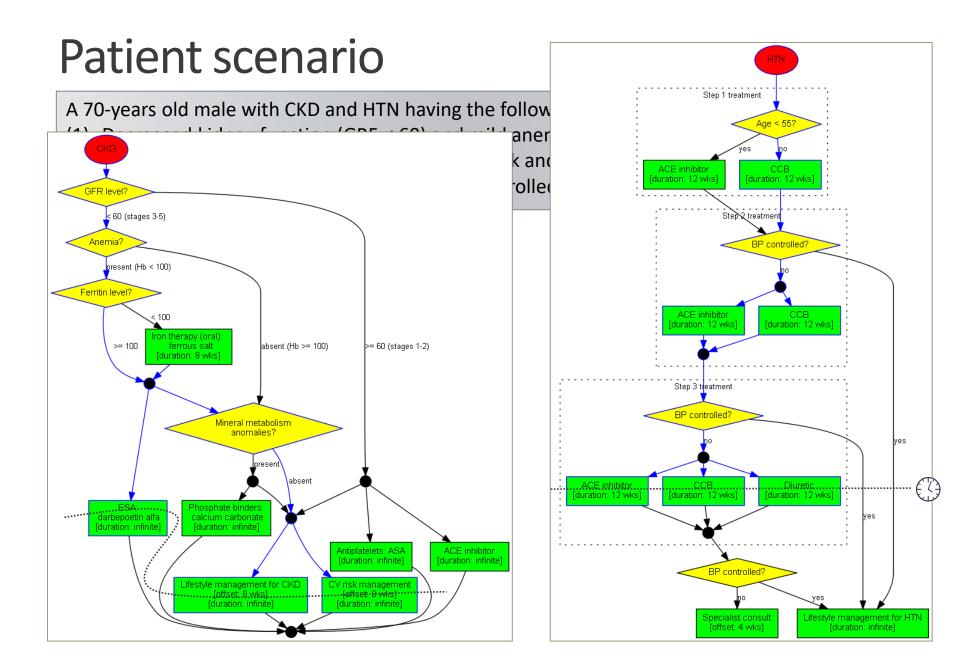
#### **Interaction-Related Revision Operators**

RO<sup>1</sup><sub>int</sub>: if patient diagnosed with HTN and CKD, then remove

$$\begin{split} RO_{int}^2 = &< \alpha^2, \left\{ Op^{2,1} \right\} > \\ \alpha^2 = \exists x1, x2, x3, x4: \end{split}$$

 $disease(x1, HTN) \land disease(x2, CKD) \land disease(x3, AFib) \land action(x4, DIUR) \land happensNowOrLater(x4)$ 





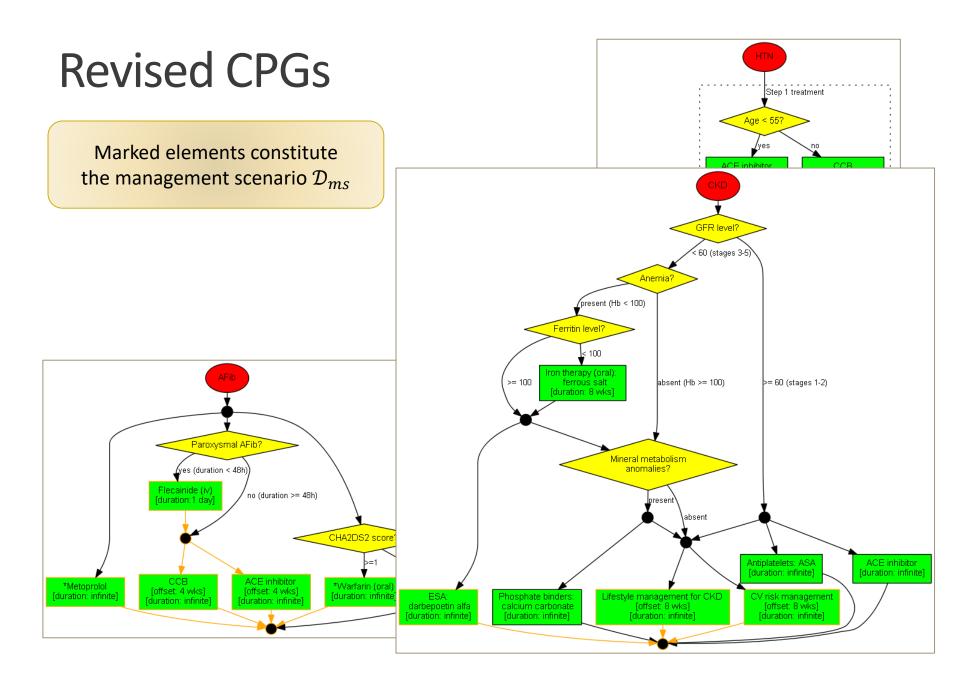
#### Patient scenario

For the last 12 hours patient has been experiencing irregular pulse, breathlessness, dizziness, and chest discomfort. Upon admission to the ED patient has been diagnosed with AFib that has been confirmed by standard ECG recording. Patient's CHA<sub>2</sub>DS<sub>2</sub> score is 2.

Patient has expressed preferences related to AFib therapy:  $RO_{pref}^{1}$ : if diagnosed with AFib and prescribed warfarin, then replace warfarin with apixaban (one of the DOACs)

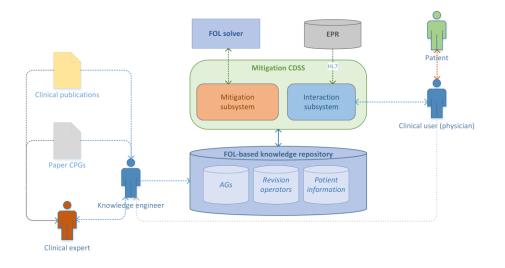
Personalization framework is invoked

- 1. customize procedure applies  $RO_{pref}^1$  and revises CPG for AFib
- 2. mitigate procedure checks applicable  $RO_{int}^k$ 
  - RO<sup>1</sup><sub>int</sub> → changes affect past actions (step 1 in CPG for HTN) and thus they are not introduced by revise procedure
  - $RO_{int}^2 \rightarrow$  diuretics are removed from CPG for HTN
  - $RO_{int}^3 \rightarrow$  apixaban is discarded and warfarin is restored in CPG for AFib
  - $RO_{int}^4 \rightarrow$  BB in replaced by metoprolol in CPG for AFib



#### Implementation and extension

 Complex FOL-based representation of primary and secondary knowledge, but hidden from clinicians



 Transforming the reasoning problem into planning one expressed in the Planning Domain Definition Language (PDDL)

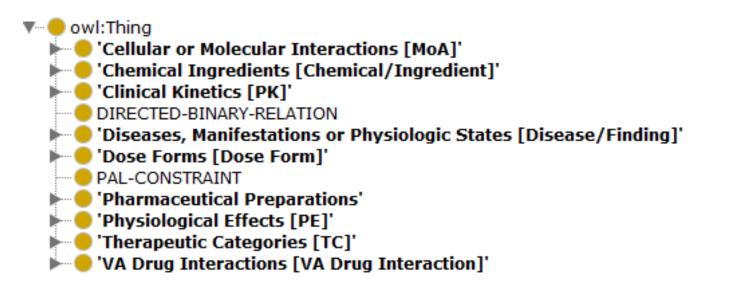
# GOAL-BASED MITIGATION FRAMEWORK

### Goal-based mitigation framework

- Employs knowledge in National Drug File Reference Terminology (NDF-RT) with information about prevention, treatment and physiological effects
- Relies on PROforma, however, CIGs are represented as highlevel plans associated with goals with statements from NDF-RT
- Use of SNOMED-CT to encode information and HL7 FHIR to exchange information between PROforma engine and HIS
- Controller component oversees all events associated with CIG enactment, identifies conflicts and interact with a physician to solve these conflicts

Kogan, A., Tu, S. W., & Peleg, M. (2018). Goal-driven management of interacting clinical guidelines for multimorbidity patients. AMIA ... Annual Symposium Proceedings. AMIA Symposium, 2018(October), 690–699.

#### NDF-RT





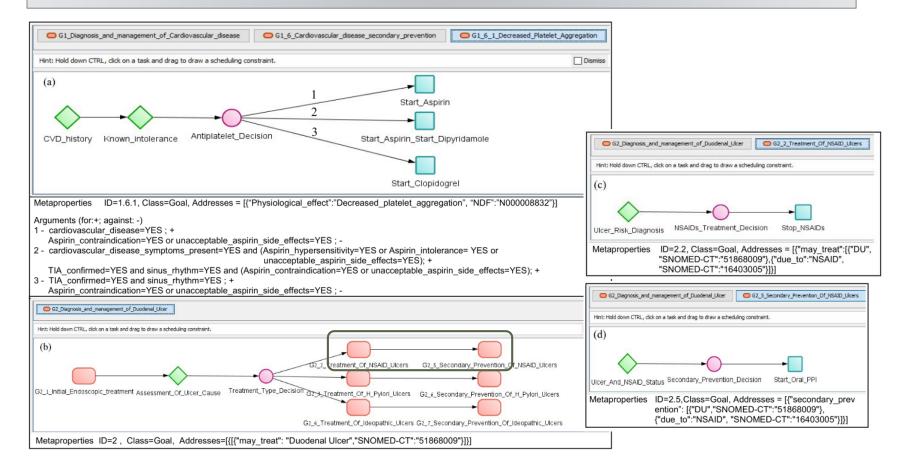
DU is-a Hemorrhagic Disorder/

Physiological Effect fulfills the abstract goal "prevent blood clots"

CI_with some 'Hemorrhagic Disorders [Disease/Finding]'	has_PE some 'Decreased Platelet Activating Factor Production [PE]'
CI_with some 'Infant [Disease/Finding]'	has_PE some 'Decreased Platelet Aggregation [PE]'
CI_with some 'Nasal Polyps [Disease/Finding]'	has_PE some 'Decreased Prostaglandin Production [PE]'
CI_with some 'Pregnancy Third Trimester [Disease/Finding]'	has_PE some 'Decreased Thromboxane Production [PE]'

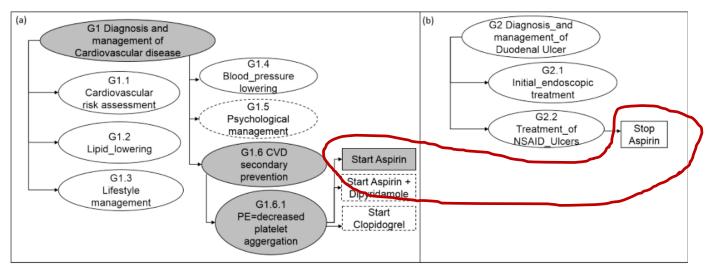
#### Patient Scenario

A patient who had cardiovascular disease (CVD) and, following the CIG's recommendations for secondary prevention of CVD via decreased platelet aggregation, was started on aspirin. The patient developed duodenal ulcer (DU).



### **Goal forest**

# Controller retrieves from PROfoma and controls a current goal forest



**Figure 3.** The patient's goal forest as retrieved by the Controller from the CVD and DU guidelines. CIG plans are represented as goals and depicted as ellipses. CIG actions are the leaves, depicted as rectangles. The goal trees are hierarchical and contain all the goals that were inferred by the PROforma engine for the specific patient as the CIGs were traversed (in DU till G2.2), they do not contain goals that were not deemed relevant for the patient, shown with dotted lines. Goals that are not satisfied are shown in grey. (a) The CVD goal tree is unsatisfied due to the inconsistency between goals G1.6.1 and G2.2. Since G1.6.1 is unsatisfied its parents are also unsatisfied. (b) The DU goal tree that has been acquired till Goal G2.2.

#### **Controller rules**

# Rules for controlling the forest, indicating conflicts and solving them (by interacting with the user)

α = Goal\_Forest(?goal\_forest) and Is\_Member\_Of(?goal1, ?goal\_forest) and Is\_Member\_Of(?goal2, ?goal\_forest);

- $\beta = \alpha$  and Log(?log) and (?action1.type=medication) and (?action2.type=medication) and
- Has\_Medication\_Request\_Order(?action1) and Has\_Medication\_Request\_Proposal(?action2) and

Has\_Action(?goal1,?action1) and Has\_Action(?goal2,?action2);

- a. //Pass data and run CIG
  - If (Patient\_Thread (?patient\_thread)
  - and Problem (?diagnosis) and Has\_Guideline (?diagnosis, ?guideline))
  - $\Rightarrow$  Insert\_PROforma\_Data(?patient\_thread, ?guideline),
  - $\Rightarrow$  Run\_PROforma\_Guideline(?guideline),
  - $\Rightarrow$  ?guideline.status  $\leftarrow$  'active',
  - $\Rightarrow$  ?guideline.state  $\leftarrow$  'build goal tree'
- b. //Build goal tree and add to forest
  - If (Guideline(?guideline) and (?guideline.state = 'build goal
  - tree') and Goal\_Forest(?goal\_forest) and Log(?log))
  - $\Rightarrow$  ?API\_Tasks  $\leftarrow$  Retrieve\_Tasks(?guideline),
  - $\Rightarrow$  ?goal\_tree  $\leftarrow$  Initiate\_Goal\_Tree(?API\_Tasks),
  - ⇒ Add\_Tree\_To\_Forest (?goal\_tree, ?goal\_forest),
  - $\Rightarrow$  ?goal\_tree.status  $\leftarrow$  'active',
  - $\Rightarrow$  ?guideline.state  $\leftarrow$  'goal\_tree\_built'
- c. //Detect inconsistent Physiological Effect (PE) goals
   If (α and Is\_Equal(?goal1.object,?goal2.object) and
   Is\_Inconsistent(?goal1.PE\_verb, ?goal2.PE\_verb))
   ⇒ Flag\_Verb\_Inconsistent\_Goals(?goal1, ?goal2, ?log),
   ⇒ Assert(Is\_Verb\_Inconsistent(?goal\_forest))
- d. //Detect inconsistent actions
  - If (β and Is\_Equal\_or\_subsumed

(?action1.object,?action2.object) and Is\_ Inconsistent (?action1.verb, ?action2.verb)) ⇒ Flag Action Inconsistent(?action1,?goal1, ?action2, ?goal2, ?log) e. //Get user preference regarding conflicting actions If (β and Is\_Action\_Inconsistent(?action1,?goal1, ?action2, ?goal2, ?log))  $\Rightarrow$  If (User\_Preference(?goal2, 'cancel')) then ?goal2.status ← 'cancel' else if User\_Preference(?goal2, 'keep') then {Set\_Medication\_Request(?action2, 'order') and ?goal1.satisfied  $\leftarrow$  'no' and Assert(Is Unsatisfied(?goal forest))} f. //Get user preference regarding unsatisfied goal If (β and Is\_Part\_Of(?goal1, ?guideline1) and Is Action Inconsistent (?action1,?goal1, ?action2, ?goal2, ?log) and (?goal1.satisfied = 'no'))  $\Rightarrow$  If (User Preference(?goal1, 'cancel')) then ?goal1.status ← 'cancelled' else If (User Preference(?goal1, 'rerun')) then { ⇒ Activate\_Guideline(?goal1, ?guideline1) and ⇒ Insert PROforma Data(?action2, ?guideline1) and ⇒ Run PROforma Guideline(?guideline1, ?goal1) and ?guideline1.state ← 'build goal tree'

#### Sequence diagram of interactions

